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## Very Urgent Fax Memo

### **Sub: The New (H1N1) Measures**

To HE the Director of Health Affairs in the Provinces of: Mekkah Al-Mukarramah, Al-Madeenah Al-Munuwarah, Qaseem, Riyadh, Eastern Province, Northern Borders, Hail, Aseer, Al-Baha, Najran, Jazan, Tabuk, Al-Joaf

To HE The Director of Health Affairs in the Districts of: Jeddah, Taif, Hafr Al-Baten, Ahsa, Beeshah, Qunfuthah, Qurayat

To HE The General Supervisor of King Saud Medical Complex in Riyadh

Dears,

Further to the H1N1 epidemic and relative case reporting since the onset of the epidemic - the current WHO directives orienting towards monitoring the disease by concentrating on its complications (Such as pneumonia) and resultant deaths - we hope your officials are guided by the following:

**First:** All hospitals must be directed to establish sort out clinics for suspect cases at emergency sections. The idea is to examine sorted suspect cases in specialized clinics where physicians in charge should observe the following:

- Suspect cases and cases of respiratory inflammation should be examined in the above referred specialized clinics.
- Special care must be devoted to risk factors, including:
  - Symptoms of respiratory tract, including:
    - \* Difficulty in breathing
    - \* Bluish face
    - \* Bloody sputum
    - \* Chest pain
    - \* Signs of pneumonia

- Mental disorders
- High temperature for more than three days in spite of treatment.
- In children the following symptoms should be detected:
  - \* Difficulty in breathing
  - \* Poor consciousness
  - \* Difficulty in awaking from sleeping
  - \* Poor interest in playing
- In any of the above cases the child must be treated by Tamiflu or Relenza. A nasal or throat sample is taken and hospitalization is sought if necessary.
- In case of lack of all above symptoms, the physician in charge must inform the patient to contact the emergency whenever any of the symptoms appears. The symptoms must be explained clearly to the patient and a medical brochure given to him including risk factors, personal cleaning procedures, and the vitality of referring to clinic.

**Second:** Physicians at primary health centers must be guided to observe the above directives while dealing with suspect cases, in addition to transferring any case to the hospital whenever necessity arises.

Regards,

**Dr. Ziad bin Ahmed Meemish**  
**Assistant Deputy Minister for Prevention Medicine**

CC:

- Deputy Minister for Executive Affairs
- Our office
- Assistant Director General for Parasitic and Infectious Diseases
- Official in charge with H1N1 Dr. Muslim Abu Hasan
- Dr. Hamid
- Dr. Ahmed
- H1N1 File