

# CORONA VIRUS



Middle East Respiratory Syndrome- Coronavirus (MERS-CoV)

According to the recommendations of the specialized scientists who attended the International Medical Meeting in Riyadh

## HOW CORONA VIRUS DOES TRANSMIT BETWEEN PEOPLE?

MERS-CoV transmits like other Corona viruses and Flu, which transmits through:

- 1 Direct contact with infected patients.
- 2 Droplets during the patient's coughing or sneezing.
- 3 Contact with patient's tools then touching the nose, mouth or eyes directly.
- 4 Possibly Transmitted by infected Camels.

## WHAT ARE THE SIGNS AND SYMPTOMS OF CORONA VIRUS INFECTION?



## WHAT ARE THE POSSIBLE PROTECTION MEASURES FOR CORONA VIRUS?

- 1 Wash your hands well and continually with water and soap, or other hand disinfectants, especially after coughing, sneezing, using toilets, before handling/preparing food, and after contact with patients or their personal tools.
- 2 Avoid contact with patients and their personal tools, and use face-masks only if you're sick or visiting sick patients.
- 3 Use a tissue when coughing or sneezing, then get rid of it in a waste basket. After that, wash your hands carefully. If there is no tissue, it is preferred to cough or sneeze into your upper sleeve or elbow, not your hands.
- 4 Avoid touching your eyes and/or nose as much as possible.
- 5 Maintain good hygiene habits in general.
- 6 Wash vegetables and fruits thoroughly before eating them.
- 7 Maintain other healthy habits such as balanced diet, physical activity, as well as getting enough sleep; this will strengthen immunity.

Do you have any inquiry . . ?



World Health Organization



وزارة الصحة  
Ministry of Health